**2025 Barnwell Recreation Youth Basketball Rules**

1. League Structure  
   Youth basketball consists of four divisions, as follows:

Co-Ed (Ages 6 - 8 boys and girls)

Girls (Ages 9 - 12)

Boys 9-10 (Ages 9 - 10)   
Boys 11-13 (Ages 11 – 13)

1. Co-Ed ( Ages 6 – 8, boys and girls)
2. Recreation oriented with emphasis on skill building, sportsmanship and positive introduction to rules and game fundamentals.
3. Players play on 8 ft goals
4. Players will use junior sized balls – 27.0
5. No official score will be kept.
6. Girls (Ages 9 - 12)

a. Recreation oriented with emphasis on skill building, sportsmanship and positive introduction to rules and game fundamentals

b. Players play on 10ft goals

c. Players will use regulation sized women balls – 28.5

d. Fast break/Pressing will be allowed at any time.

4. Boys 9 - 10 (Ages 9 – 10)

1. Recreation oriented with emphasis on skill building, sportsmanship and positive introduction to rules and game fundamentals
2. Boy players play on 10ft goals
3. Players will use intermediate sized balls – 28.5
4. Game scores will be kept
5. Fast break/Pressing will be allowed at any time.
6. Boys 11 - 12 (Ages 11 – 13)
7. Recreation oriented with emphasis on game fundamentals, sportsmanship, team concepts and offensive/defensive strategies
8. Players play on 10ft goals
9. Players will use regulation-sized or size six balls – 29.5
10. Game scores will be kept
11. Middle school basketball players are not all allowed to play
12. Fast break/Pressing will be allowed at any time.

**Game Regulations**

1. Personal Fouls: Each player will be allowed 5 personal fouls per game. A player will be ejected from the game following their fifth foul. Technical fouls count towards personal foul totals.
2. Technical Fouls: A player receiving two technical fouls or one flagrant technical will be removed (ejected) from the game. A team accumulating four technical fouls shall forfeit the game.
3. Mandatory Playing Time per Person: Each player in attendance must play a minimum of **½ of the regulation game time.** Exceptions to the rule shall be due to an injury, accumulation of five fouls, player ejection or illness. A player will be required to play at least ¼ of the regulation game time if he/she arrives late. If a coach fails to have all team members play the required amount of time in a game that team will be penalized by a forfeit for that game. Forfeits may only be issued by the Director or designated rep.
4. Forfeit and Grace Period: There will be a 5-minute grace period from the start of scheduled game time for any team having fewer than 4 players. Failure to provide the required number of players at the end of the 5-minute grace period will result in a forfeit. After a forfeit, teams may then use the gym time for a practice or a scrimmage game during the scheduled game time.
5. Playing Time
   1. Co-Ed league games will consist of two periods lasting 12 minutes each.
   2. Boys 9 - 10 league games will consist of two periods lasting 14 minutes each.
   3. Girls & Boys 11 - 12 will consist of two periods lasting 16 minutes each.
   4. Teams will use a running clock except for the last two minutes of the second half.
   5. There will be a 5-minute half time for all leagues (to be shortened by recreation staff if games are running late).
   6. There will be a running clock for all leagues except for the last two minutes of the second half. If a team is ahead by 20 or more points, the clock will not be stopped.

6. Overtime

a. Overtime will begin with a jump ball at the center circle. Overtime will be two minutes; stop clock and foul shots will be taken. If still tied after two minutes, sudden death, no clock and foul shots will be taken. The first team to score wins.

7. Time Outs: There will be two-time outs per team per half in a game. Time outs are one minute in length and may be used at any time during the game.

8.Possession Arrow: The possession arrow goes to the team that does not win the jump ball at the start of the game. The ball must be touched by any player in-bounds unless a violation occurs to change possession arrow.

9. The “Box”: The three-point line will serve as the box for the Girls and Boys (9 – 10\_ (unless otherwise designated by the Director.)

Player Eligibility

1. The age of the participating child on January 1, 2025
2. If a coach is caught playing a player outside of the proper age group, the coach will forfeit the game.
   1. Exception: If a player has special needs (as determined by the Director or designated rep) the child has the option to play at the age level at which they function. If a coach does have a child with special needs that is “not of age” the coach must approach the opposing team coach and let them know they have a child “not of age” playing, but the child has a special need. Both coaches must agree that the player is allowed to play in the game.